



MOE LIFE SKILLS COMMUNITY CENTRE

# THE VOICE

Edition 3 2018

## Contacts

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### Postal Address:

Remember when  
posting anything  
to us our  
address is



P.O. Box 761  
Moe 3825

Check out our  
social media  
pages

facebook

twitter



LinkedIn

We love the footy at Moe Life Skills and we love footy tipping. We have been running a footy tipping competition now for over 20 years. This year we also ran a AFLW competition.

Each week we chat about the games and the teams. Our lucky winner on 137 points was Paul Bannister. Paul barracks for the Tigers, and was pretty happy last year about them winning the premiership. Congratulations Paul.



## COMING EVENTS

MLSCC Holidays	Centre Closed	Monday Sept 24th to Friday Sept 28th
Staff Development Day	Centre Closed	Monday October 8th
MLSCC Annual General Meeting		Wednesday Oct 24th

***"Just because a man lacks the use of his eyes doesn't mean he lacks vision." – Stevie Wonder***



## Moe Life Skills Community Centre

Achieving Goals and Aspirations  
NDIS registered provider of quality education,  
training, disability and community services

### Vision

To empower people with disabilities to fully  
exercise their rights  
and responsibilities as contributing citizens

### Mission

MLSCC will enable people to achieve their  
goals and aspirations by:

- Encouraging life long learning
- Providing a supportive and stimulating  
environment
- Offering experiential learning opportunities
- Being open to change
- Developing self-advocacy skills & using  
person centred planning

**Don't forget to find us at  
[www.moeliveskills.vic.edu.au](http://www.moeliveskills.vic.edu.au)  
for information, participant stories, The  
Voice editions and much more ...**

### MLSCC Board of Management News.....

If you would like information  
regarding matters to do with the  
BOM  
please feel free to contact Deidre  
Carmichael on 51274525 or  
email [dsmcarmichael@gmail.com](mailto:dsmcarmichael@gmail.com)



### Footy tipping Ladder

Paul B	136	Georgia	102
Wendy	130	Troy	102
Matt	129	Michael R	100
Andrew S	126	Luana	84
Andrew P	124	Justin	77
Cassandra	113	Wayne	69
Kathryn	107	Rachel	57
Majella	103		

### BIRTHDAYS

#### AUGUST

7th Anna  
14th Sally  
16th Troy  
29th Patrick

#### SEPTEMBER

2nd Paul D  
4th Ronnie  
9th Brian  
13th Kathryn



13th Jacqui  
17th Matt  
21st Justin

#### OCTOBER

2<sup>nd</sup> Luana  
7<sup>th</sup> Jacob  
11<sup>th</sup> Georgia  
29<sup>th</sup> Michael  
29<sup>th</sup> Janine  
26<sup>th</sup> Josh

**Curtains for Certain  
'Twenty One Years'  
Friday October 26th 2018  
7.30pm**

**Moe Town Hall  
Tickets from MLSCC or Latrobe  
Performing Arts**

**Performing Arts Group  
Presents  
'Grease Songs'  
Thursday October 18th  
10.30am  
Moe Hope Church**

## Farewell and thank you to Laurie Harkin

Laurie has been the Disability Services Commissioner since 2007.

He left his position on Friday July 6<sup>th</sup> this year.

Doctor Lynne Coulson Barr Mental Health Complaints Commissioner will act in the role until August 5<sup>th</sup>. Arthur Rogers has been appointed as the new DSC.

The new Deputy Commissioner will be a Anthony Kolmus who was previously the Capacity Development Manager has over 30 years experience in the disability sector.

We look forward to hearing who the new Commissioner will be.



You can make a complaint if you are unhappy with the service you receive from Moe Life Skills. You can contact the staff at the Disability Services Commissioner by phone or email.

More information can be found at [www.odsc.vic.gov.au](http://www.odsc.vic.gov.au) or check out their Facebook page or phone 1800677342



## MONASH University

Medicine, Nursing and Health Sciences

For the past few years some of our Curtains for Certain Drama group have been going to Churchill to deliver a presentation to the Monash Medical students. This year we had some short clips of last years performance , spoke about the clip and talked about disability and living with a disability. We love do this presentation each year and teaching the medical students about disability. It can be overwhelming to get up and speak in front of 150 people, however the group are old hands at it now. We are very proud of you all.

**Its our AGM on Wednesday October  
24th at High St.  
We would love to see you there.**



This week we had another fantastic day at Greyhound Victoria's 'The Great Chase' in Traralgon.

We were lucky that one of our dogs won a race and we won \$100.

We are looking forward to going to Warragul's event on Thursday.

Many thanks to both clubs for their support of this event.





# What's been happening at Life Skills

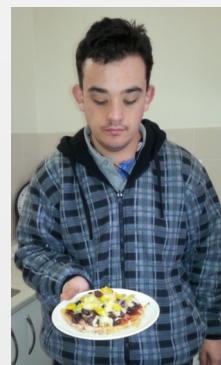
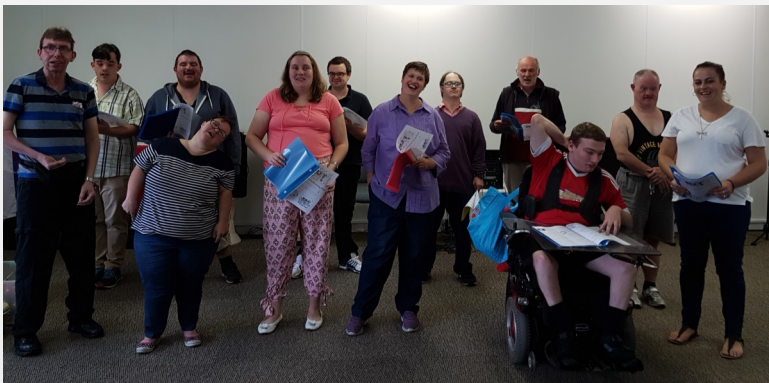
## My NDIS one on one support

I do one on one support where I work on my NDIS goals with Sarah.

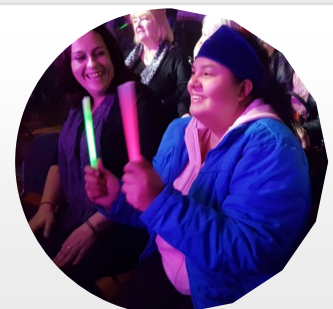
I have done my first goal which is get a laptop. I did lots of looking for a computer. I looked on the internet and in the computer shop and in catalogues. I went to the shop in Moe and asked people in Moe Life Skills about different computers.

I am now working on my calendar to help me keep my house clean. I also am doing lots of walking to look after my health.

By Kathryn



On Saturday 26<sup>th</sup> May we went to see Bjorn Again in Traralgon, they are a cover band of ABBA. The last song they sung was Thank You for the Music, and everyone liked Mamma Mia and Waterloo. Rachel got up and had a dance on the side of the stage. The people that went were Abby, Rosie, Cassandra, Angela, Rachel, Lincoln and Georgia



## Programs at MLSCC

**Name of program:** Performing Arts

**Who is in the program?**

Wayne, Andrew, Josh, Paul B, Heath, Chelsie, Rodney, Cameron, Thelma, Thelma, Jacob and Shelley

Support Workers: Majella and Abby

**What happens in the program?**

We sing music to CD's, we do dancing. We play drums, tambourines, shakers.

**What do you like about Performing Arts?**

I like singing with the staff it's fun. Wayne.

I love singing, because I like sharing with everyone. Andrew

**What would you like to do in the music program?**

We're doing a concert and I am looking forward to everyone coming to watch us. Andrew.

I want people come to watch me sing to the music playing at the concert.

By Wayne and Andrew.

**What program do you do?** Self - Advocacy.

**Who is in the program?**

Chris, Georgia, Kathryn, Wayne, Andrew, Rodney and Rachel.

Support worker: Sarah.

**What happens in the program?**

We have meetings on Friday.

We are working on "Dolly's Dream and anti-bullying" for a small group project.

We advocate for ourselves and the disabled community of Moe.

We have speakers come to visit and speak to us.

We go on excursions.

**What do you like about the program ?**

I like working on "Dolly's Dream and Anti-bullying" for my small group project.

**What would you next like to do for the program?**

Continue to make Lloyd Street Crossing Safer.

B Chris.

**What program do you do?** Newsletter

**Who is in the Program?**

Georgia, Chris Wayne, John, Andrew Kathryn

Support Worker Luana.

**What do you do in the Program**

We edit the newsletter.

We write stories for the Newsletter.

We share idea about the Newsletter.

**What do you like about Program?**

Learning to edit the newsletter

**What would you like to do for the Program?**

I like helping people.

By Georgia

## Cobra Kai

Cobra kai is a YouTube show about what happens after the original Karate kid movies. The show has lots of fighting. The main Characters are Daniel La Russo, Amanda La Russo and Johnny Lawrence. It is a very good show and season 2 is coming next year on May 5<sup>th</sup>.

By Andrew Prior



Moe Life Skills has some people who are devoted movie buffs and have a huge knowledge of so many movies. We love discussing each movie, the actors, plot and music. Read some of the their reviews here...



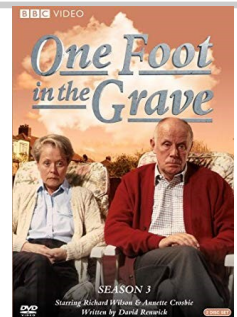
## One Foot in the Grave

This TV series is set in England, Victor and Margret are the main characters. Victor is always complaining and argues with everybody and this drives his wife up the wall

Each episode goes for 1 hour

I like watching this series because I like how Victor is always complaining about the neighbours. It is funny

By Chris B



## The Da Vinci Code

There is a murder in Paris

Some clues in some famous paintings that lead to a religious mystery.

Professor Robert Langdon who is trying to find Mary Magdalene's sarcophagus or the grail.

Some of the movie was filmed at Roslin chapel in Scotland.

I love it because it keeps you guessing what they will find and where they will find the grail.

By John K



## Movie Review

Name of movie: Poltergeist

Main characters: The Freeling family

Storyline: The plot focuses on a family whose house is invaded by malevolent ghosts that abduct the family's younger daughter.

How long does the movie go for: 114 minutes

My thoughts about the movie:

A little bit scarier than "The Shining".

There is going to be a maze surrounding poltergeist at the Hollywood Halloween Night 2018.

By Rachel J





### 2018 Public School Term Dates

Term 1	Monday, January 29 2018 Thursday, 29 March 2018
Term 2	Monday, 16 April 2018 Friday, 29 June 2018
Term 3	Monday, 16 July 2018 Friday, 21 September 2018
Term 4	Monday, 8 October 2018 Friday, 21 December 2018

### Centre Closure Dates

MLSCC Holidays	Monday Sept 24th to Friday Sept 28th
Staff Development Day	Monday October 8th

### Important Dates

**MLSCC Annual General Meeting**  
**Wednesday Oct 24th**

**Curtain for Certain Performance**  
**Friday October 26th**

**Please note these are not  
MLSCC term dates.**



Moe Life Skills is a registered provider with the NDIS and its nearly been 1 year since the NDIS has rolled out in our area. We have all been learning and relearning all about the NDIS. We now regularly use NDIS words such as planning meeting, capacity, core, transport, planner, portal, activity, participant, line item and many more.

**If you need assistance with your NDIS plan please do not hesitate to contact our NDIS planner Sharon Radford 0341413917 or 51277999. We look forward to hearing from you.**

The NDIS website has some great resources on there website, use this link to access them:

[www.ndis.gov.au/people-disability/fact-sheets-and-publications](http://www.ndis.gov.au/people-disability/fact-sheets-and-publications)



**REGISTERED  
NDIS  
PROVIDER**

Recently we had a few people enter the Dulcie Stone Writing Competition. Andrew P wrote about his life in Moe and was judged the winner. He won some money and received an award. A good day was had by all.

Congratulations Andrew.

